Quotation: "Triumphant Rheagan and sad little Ashley have been offered a very clear, and very adult, lesson: At a beauty pageant, looks aren’t everything. They're the only thing" (Ralston 133).

Paraphrase: Children learn that looks are more important than anything else (Ralston 133).


Quotation: "Results from the current study indicate that women who participated in childhood beauty pageants scored significantly higher on measures of body dissatisfaction" (Wonderlich, Ackard, and Henderson 297).

Paraphrase: Body dissatisfaction is prevalent among women who participated in beauty pageants as children. (Wonderlich, Ackard, and Henderson 297).


Quotation: "Such contests may give children the perception that being pretty is the only option for popularity and success, says Marcia Summers, an educational psychology professor" (Ransford).

Paraphrase: Children may get the impression from beauty pageants that being pretty is the only way to be popular or successful (Ransford).


Quotation: “Liposuction is intended only for body contouring. It is not intended as a means of weight loss” ("Skinny").

Paraphrase: Liposuction shouldn’t be used as a substitute for weight loss (“Skinny”).

Book with one author

Quote “One of the most interesting observations to come out of lizard research during the last ten years or so is the discovery that, in some species, the sex of the young depends on the temperature at which the eggs are incubated” (Mattison 84).

Paraphrase In some species of lizards, the sex of the young is determined by the incubation temperature of the eggs (Mattison 84).


Book with two authors

Quote “It makes sense to build your duck pond somewhere where you can conveniently watch your duck” (Raethel and Mancini 14).

Paraphrase Build a pond where you can easily observe the ducks (Raethel and Mancini 14).


Book with three authors

Quote “You can choose to change your mood, just as if you were changing the channel on the TV” (Shapiro, Pelta-Heller, and Greenwald 47).

Paraphrase Changing your mood is as easy as changing the TV channel. It’s your choice (Shapiro, Pelta-Heller, and Greenwald 47).


Book with four or more authors – et al. means “and others”

Quote “Suppose you are running a small printing business and decide to expand because you have more orders than you can handle. How should you expand” (Hughes-Callahan et al. 485)?

Paraphrase How can you expand your small printing business when you have too many orders to manage (Hughes-Callahan et al. 485)?


Book with No author – use part of the title

Quote “Bryers is an artist whose work connects with the viewer” (Tucson 6).

Paraphrase Bryer’s paintings bring viewer and subject together (Tucson 6).
